



Making Your Own Natural Products **Creams & Lotions**

Learn to make lotions and creams with high quality skin care oils, herbs, floral waters and essential oils that nourish and moisturize the skin. This is a great workshop to introduce you to the process of lotion and cream making.

You'll learn how to make a basic and superb body lotion and cream that you will be able to make successfully. Naturally scent your own lotion with pure essential oils.

You will learn and experience

- ~ All about emulsions
- ~ Using emulsifying wax
- ~ How to preserve your lotions and creams
- ~ How to use floral waters in your lotions and creams
- ~ All about the best ingredients for natural lotions and creams
- ~ How to use essential oils for scent and their therapeutic value
- ~ How to package and label lotions and creams in an attractive container
- ~ Resources for supplies

Take away with you a 60ml jar of moisturizing light body lotion and a 60ml Vitamin Rich Cream plus an informative handout and a new passion for making safe, natural products. Detailed instructions, the recipes and a list of suppliers for natural ingredients are supplied.